



Sample Menu

Sunday		Monday		Tuesday		Wednesday	
<u>Lunch</u>		<u>Lunch</u>		<u>Lunch</u>		<u>Lunch</u>	
FRIED/BAKED CHICKEN		CHICKEN AND DUMPLINGS		MEATLOAF		FRIED/BAKED CHICKEN	
SPIRAL HAM		BEEF STEW		SALMON		BAKED SPAGHETTI	
MACARONI AND CHEESE		CAULIFLOWER AND CHEESE		SWEET PEAS		STEAMED VEGETABLE	
GREEN BEAN CASSEROLE		GLAZED CARROTS		ASPARAGUS		GREEN BEANS	
BUTTERED CORN		SQUASH & ONIONS		SAUTEED SPINACH		CABBAGE	
SEASONED GREENS		RICE W/ GRAVY		BUTTERY MASHED POTATOES		BAKED SWEET POTATO	
DINNER ROLL		DINNER ROLL		DINNER ROLL		GARLIC BREAD	
SANDWICH/ SALAD BAR		SANDWICH/ SALAD BAR		SANDWICH/SALAD BAR		SANDWICH/SALAD BAR	
ASSORTED DESSERTS		ASSORTED DESSERTS		ASSORTED DESSERTS		ASSORTED DESSERTS	
<u>Supper</u>		<u>Supper</u>		<u>Supper</u>		<u>Supper</u>	
VEGETABLE SOUP		CINNAMON ROLLS		CHICKEN AND RICE CASSEROLE		BLT	
BAKED POTATO		SAUSAGE		STEAMED VEGETABLES		SOUP DU JOUR	
SALAD BAR		EGGS		SALAD BAR		SALAD BAR	
ASSORTED DESSERTS		SALAD BAR		ASSORTED DESSERTS		ASSORTED DESSERTS	
		ASSORTED DESSERTS					
Thursday		Friday		Saturday			
<u>Lunch</u>		<u>Lunch</u>		<u>Lunch</u>			
BREAKFAST QUICHE		FRIED/BAKED FISH		SMOTHERED CHICKEN			
BACON		BEEF STEAK W/ MUSHROOMS		CRAB CAKES			
SAUSAGE		STEAMED BROCCOLI		BLACK EYE PEAS			
CHEESE GRITS		OKRA & TOMATOES		GREEN BEANS			
HASHBROWN CASSEROLE		RED RICE		ZUCCHINI			
BISCUITS AND GRAVY		COLE SLAW		STEAMED RICE W/ GRAVY			
FRUIT		HUSHPUPPIES		GARLIC BREAD			
SALAD/SANDWICH BAR		SALAD/SANDWICH BAR		SALAD/SANDWICH BAR			
ASSORTED DESSERTS		ASSORTED DESSERTS		ASSORTED DESSERTS			
<u>Supper</u>		<u>Supper</u>		<u>Supper</u>			
CHILI		CHICKEN POT PIE		FRIED CHICKEN SANDWICH			
CORNBREAD		FRUIT		PASTA SALAD			
SALAD BAR		SALAD BAR		SALAD BAR			
ASSORTED DESSERTS		ASSORTED DESSERTS		ASSORTED DESSERTS			
Special Sandwich							
BORRITOS							